

## Instrument Proficiency Check / Flight Plan

Name: \_\_\_\_\_ Certificate #: \_\_\_\_\_ Date: \_\_\_\_\_  
Medical Class/Date: \_\_\_\_\_ Total Hours: \_\_\_\_\_  
Typical type of flying: \_\_\_\_\_  
Areas of Interest: \_\_\_\_\_

### **Suggestions for review:**

FAR/AIM, Current IFR En Route Chart and Approach Charts, Weather, Check Lists  
ASA Instrument Oral Exam Guide

### **Review / Discussion Topics:**

Airworthiness & Registration:	Garmin 430 Operations
Maintenance Records and AD's:	Garmin 300XL Operations
Operating Limitations (POH):	Flight Planning – Weather, Notams, Filing
Weight & Balance	En Route Charts
VOR check	Approach Charts
Personal Minimums	Check Lists
Cockpit Organization	Auto Pilot
Pre-Flight Ops	Approach Configuration & Power Settings
Plan B's	

### **Study Material:**

61.57 (c) Instrument Experience	91.183 IFR Radio Communications
61.57 (d) Instrument Proficiency Check	91.185 IFR Radio Communications Failure
91.167 Fuel Requirements	91.187 IFR Malfunction Reports
91.169 IFR Flight Plan Info Required	91.205 Instrument and equip. requirements
91.171 VOR Equip Check for IFR Ops	97.3 Standard Instrument Procedures
91.173 ATC Clearance and Flt Plan Required	AIM
91.175 Takeoff and Landing Under IFR	Practical Test Standards
91.177 Minimum Altitudes for IFR Ops	ASA Instrument Oral Exam Guide
91.179 IFR Cruising Altitude or FL	Garmin 430 Manual

### **Flight Plan Options:**

Straight and level flight	GPS Approach
Climbs and Descents	ILS Approach
Timed Turns	VOR Approach
Compass Turns	NDB Approach
Steep Turns	Missed Approach
Partial Panel	Holds
Recovery from Unusual Attitudes	
Intercepting Nav Aid Radials	Planned Flights in IMC
Tracking Nav Aids	
Vectors and Full Procedure	

Other \_\_\_\_\_

Post Flight Review: \_\_\_\_\_